

Be Your Own Voice Teacher

workshop handout

LISTEN

to the right things, note what you hear/felt

TEST A THEORY

check your foundational skills, try a tool

LISTEN

notice what you see/hear/feel

get your
tongue

out of the way

speak > sing
(primal sound)

find the
SOVTE
for you

breath
management

tone

clear OR breathy OR pressed?

tone

even OR uneven?

BREATH

inaudible OR audible?

and...how did it feel?